

CAMBRIDGE ORGANIC GAZETTE

courgette



Your Christmas List!

- ❄ Christmas delivery information
- ❄ Go local - festive items are in!
- ❄ A Chocolate Mousse with a difference
- ❄ Tidings of Wintercomfort & joy: Our annual Christmas appeal



Comment from Duncan

Founder and owner of Cambridge Organic

I'm really excited by the selection of seasonal goodies from local food producers that we have on offer this year. Alongside long-standing favourites such as Fitzbillies' mince pies and Savoursmiths' Christmas ham flavoured crisps, we have some delightful new delicacies including Szechuan chilli nuts from Peichin's Table, and a range of Christmassy condiments from Nikki's Homemade.

The latter of those takes me back to a lovely sunny day in late September when we first encountered Nikki. This was at the Biodiversity and Regenerative Agriculture festival that took place on Parker's Piece. We thoroughly enjoyed the day, and felt very proud under our new branded gazebo. Hello and welcome to Cambridge Organic if you were one of the festival attendees who joined our box scheme that day, and thank you also if you were one of the existing box scheme members who came up to us to say hello; it's always lovely to meet our box scheme members and put a face to the name.

I'll finish by wishing you all a very Merry Christmas and a Happy New Year. Please make a special note of our Christmas schedule, printed on the back page, and also the annual collection we hold on behalf of two homeless charities of Cambridge, seen below.

Tidings of Wintercomfort & Jimmy's - The Christmas Appeal

We've launched our Christmas appeal. We annually support two charities in Cambridge who help those who are rough sleeping, vulnerably housed or in danger of losing their homes: Wintercomfort and Jimmy's Nightshelter. You can contribute by adding a donation to your weekly veg-box in your online account. You'll find the donate option in the 'add items to your order' menu on the website.



"Christmas is a time well documented for giving and sharing. For us here at Jimmy's it is important for our residents to feel they are valued, supported and thought about. With the Cambridge Community and beyond supporting us at all times of the year but especially Christmas, we can help provide the Christmas that people deserve. Thank you in advance for your support this Christmas."



"We are so grateful to Cambridge Organic and their lovely customers for supporting Wintercomfort again this year. Your continued support helps fund our services for people experiencing homelessness in Cambridge throughout the year."



Chocolate Christmas Mousse

A quick, simple, and indulgent festive dessert that feels luxurious but is made from wholesome ingredients. With just four main components, this vegan-friendly mousse can be prepared a day in advance—perfect for easy entertaining!

Serves: 4 | Vegan | Make-ahead | Naturally sweetened

Ingredients

- 1 ripe avocado
- 2 ripe bananas
- 3 tbsp good-quality unsweetened cocoa powder
- 3 tbsp maple syrup
- ½ tsp vanilla essence (optional)
- A pinch of salt (optional)

Instructions

1. In a blender or food processor, combine the avocado and bananas. Blend until smooth and creamy. If the mixture is too thick, add a small splash of plant-based milk to loosen.
2. Add the cocoa powder and maple syrup, adjusting both to suit your taste. Blend well after each adjustment.
3. Spoon the mousse into serving glasses and top with vegan whipped cream or your choice of festive toppings.
4. Serve immediately or cover and chill in the fridge overnight.

Note: The banana will continue to ripen in the fridge, so it's best enjoyed within 24 hours.



2025 festive treats

Ooooh what a fun festive range we have this year! Look to local with chilli nuts from *Peichin's Table* based in the city and festive preserves from *Nikki's Homemade* in Burwell and *The Prospects Trust* near Reach. Plus this year we are stocking beautiful wax candles made from local honey producer *Cambridge Honey Bees*. Find all these items under '**Christmas Treats**' online.



Ombar Advent Calendar

A vegan Christmas countdown for serious chocolate people. Order yours **NOW** for delivery by end of November.

Advent Calendar £16.99



Savoursmiths Christmas Crisps

A luxurious flavour of *Christmas Ham with Umami Truffle Glaze* from your local crisp makers.

Large	150gr	was £2.50	£2.00
Small	40 gr	was £1.00	£0.80

20% off



Fitzbillies Bakery

Iconic Cambridge bakery based in the city.

Mince Pies	pack of 6	£10.50
Festive Macarons	pack of 6	£12.00
Christmas Pudding	small	£13.00
Christmas Pudding	medium	£19.00



Peichin's Table

Award winning local producer based in the city. These nuts are lightly spiced and sweetened.

Szechuan Chilli Nuts 160g **£6.95**



Cambridge Honeybee's Candles

Pure wax candles sourced from local bee hives by this longstanding producer.

Medium	£7.50
Large	£15.00

plus deals on multi-buys online



Totally Cutlured

A festive fermented twist from our friends in St Neots.

Apple and cranberry sauerkraut **£5.55**



Nikki's Homemade Preserves

Homemade preserves from Burwell

Cranberry Jelly	£3.50
Redcurrant Jelly	£3.50
Spiced Plum & Ginger Chutney	£3.50



Prospects Christmas Preserves

Produced by the careworkers at this not-for-profit care farm based near Reach.

Boxing Day Chutney	£4.20
Christmas Jam	£4.20

English Tea Shop

Not a local producer but makes great organic and fairtrade teas

Christmas in Ceylon	20 bags	£3.99
Winter selection gift tin		£14.99



A truly local crisp – Savoursmiths Crisps

I'm currently tucking into the limited-edition Christmas flavour from Savoursmiths, the independent makers of luxurious crisps based right here in Cambridgeshire. With flamboyant flavours and packaging that oozes both class and humour, it's easy to see why they proudly call their range "a better breed of snack."

What's particularly fascinating is that this very crisp was *grown, produced, and packaged* less than five miles from where I'm sitting. Not only does that mean impressively low food miles, but it also ensures that more of my money goes back into the local economy - something that's far less likely when buying from large national brands.

On a recent visit to Russell Smith Farms in Duxford, I had the pleasure of being shown around by Colette, who runs the business alongside her husband Mike. The couple returned to the multi-generational family farm and, in 2016, launched a bold new venture: Savoursmiths Luxury Potato Crisps. The business has since flourished, welcoming even more family members to the fold.

Savoursmiths are redefining the humble crisp, offering indulgent flavours such as Bubbly & Serrano Chilli. Every variety is made with all-natural flavourings, is gluten- and MSG-free, and retains the potato skin for added nutrients.

Their limited-edition Christmas flavour, Christmas Ham with Umami Truffle Glaze (which happens to be suitable for vegans), is available now. Add it to your veg-box under "Snacks" on the website. Currently with 20% off.



with
20%
off while
stocks last



New Producer - Nikki's Homemade Preserves

Nikki's Homemade Preserves is a local producer offering an impressive selection of seasonal treats. Her range includes festive favourites such as Redcurrant Jelly and Cranberry Jelly, along with an exciting assortment of jams, marmalades, spicy chutneys, and more unusual seasonal delights like Hawthorn Ketchup and Pumpkin Spiced Syrup.

Nikki founded the company in 2010, leaving behind a career as a solicitor to follow her passion for food. Since then, her range has expanded significantly and earned numerous accolades, including awards from Great Taste, World Marmalade, and the Velvet Food and Drink Awards. Every product is handmade in Burwell, using only high-quality ingredients, in small batches and with no additives to ensure the best quality, colour and taste.

A champion of seasonal produce, Nikki sources her ingredients as locally as possible. Her rhubarb, for instance, often comes from the gardens of friends and family, and when not available, she turns to local greengrocers and growers. During late summer and early autumn, you'll find her foraging in nearby hedgerows for fruits such as hawthorn berries, elderberries, and sloes - truly making the most of what the English countryside has to offer.

Nikki is highly respected for her extensive preserve knowledge, earning recognition as BBC Radio Cambridgeshire's go-to expert - affectionately known as "Lady Marmalade" - and regularly sought after to share her expertise on jam and marmalade making. She attends markets and shows across Cambridgeshire with her range.

View and add her products to your veg-box online under 'Preserves and Sauces'.



Christmas Deliveries

Ring the bells for Christmas day! As it falls on a Thursday, we will deliver to everybody that week from Monday 22nd to Wednesday 24th. Thursday and Friday customers will receive further comms on which day they will receive theirs. We will close from the 25th Dec to the 5th Jan.

Fortnightly customers with deliveries the week of the 15th Dec will miss out on a veg-box for a whole 4 weeks! To avoid this you can add a one-off box for Christmas week - email us at hello@cambridgeorganic.co.uk.

Order your Extra Holiday Box Now

Need extra fruit and veg to see you through the holidays?

Order a second **'Holiday Box' - with a 20% discount!** This box is in addition to your regular order and available to add now.

All Original and OriginalPLUS customers will get the Christmas favourites (sprouts, parsnips etc) in their first box. The *Holiday Box* will have the same bases and some different seasonal items to see you through the holiday. Choice customers can purchase boxes that give them extra points with the 20% discount applied.

These special boxes will be delivered on Christmas week. In your account go to 'add items to your order' and choose 'Add-on Holiday Boxes'. Or scan the QR code:



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